



**ISRHML**  
The International Society  
for Research in Human  
Milk and Lactation

FAMILY  
**LARSSON**  **ROSENQUIST**  
FOUNDATION  
dedicated to human milk

## **ISRHML and FLRF launch TEP 2.0 – next generation grants for next generation researchers in human milk and lactation**

**19 May 2021** – The International Society for Research in Human Milk and Lactation (ISRHML) and the Family Larsson-Rosenquist Foundation (FLRF) announced today they will launch the next generation of their Trainee Expansion Program (TEP) beginning 1 August 2021. Called TEP 2.0, the international professional development initiative offers a total of USD \$1.25 million over five years, through two types of annual grant, to academics seeking to enter or advance a career in human milk and lactation.

**Trainee Travel Fund (TTF)** grants provide up to USD \$10,000 over up to three months so recipients can gain a new skill or acquire experience in a different setting.

**Trainee Bridge Fund (TBF)** grants provide up to USD \$100,000 over approximately 12 months to support a research project that will bring recipients collaboration and networking opportunities and lead to an independent position.

**Applications open 1 August.** The deadline to apply is 1 October 2021.

“TEP gave me a unique opportunity to deepen my knowledge in the study of vitamins in human milk, in addition to growing my professional network in the field and enhancing my lab skills and self-confidence. Having the opportunity to be part of an international scientific network between professors in New Zealand, the United States and Canada showed me how global the study of nutrition in human milk can be,” says past TTF recipient Larisse Melo, MSc, Nutrition Research Technician and Sessional Lecturer at The University of British Columbia.

TEP 2.0 builds on the success of the inaugural initiative, which awarded over 30 grants. ISRHML and FLRF aim to make TEP 2.0 more accessible and expand its reach by:

- Building international diversity with increased awards to people connected to low- and middle-income countries
- Encouraging applications for public health or translational research and projects with a clear trajectory toward sustainable social impact
- Simplifying the application process and offering mentorship from TEP alumni
- Accommodating applicants with family obligations through flexible TTF training arrangements

The partners believe that creating new learning opportunities is one way to take action toward fulfilling the Sustainable Development Goals on education and mother and child health.

“We are absolutely delighted to embark on the next five years of this highly successful grant programme that offers outstanding opportunities for talented young researchers,” says Prof



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Berthold Koletzko, President, ISRHML. “We look forward to receiving strong applications and encourage those interested to contact us with questions.”

“Promoting early career researchers is an important part of our work,” says Dr Katharina Lichtner, Managing Director, FLRF. “With TEP 2.0, we hope to activate creative ideas covering the whole spectrum from basic to applied research that may provide the basis for sustainable progress regarding maternal and child health.”

“ISRHML and FLRF have a long-standing alliance, founded on the shared understanding that breastfeeding and breastmilk lead to healthier children and families,” says Göran Larsson, Chairman of the Board, FLRF. “TEP is a successful example of how we can collaborate to create greater impact for society.”

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### **About ISRHML**

The International Society for Research in Human Milk and Lactation (ISRHML) is a global nonprofit organization dedicated to the promotion of excellence in research and the dissemination of research findings in the field of human milk and lactation. ISRHML was formed in 1988 by a group of young scientists intrigued with the mysteries of human milk and lactation and with the effects of human milk upon recipient human infants. As ISRHML entered the 21st century, it moves forward with broad activities including i.a. an international biannual congress, a very active Trainee Interest Group that facilitates the exchange and collaboration of new investigators in the field, and the implementation of monthly regional Webinars with latest scientific updates on research in human milk and lactation.

[www.isrhml.com](http://www.isrhml.com)

### **About FLRF**

The Family Larsson-Rosenquist Foundation was established in 2013, born from the vision of a world in which every child is granted an optimum start in life through the benefits of breastmilk. Based in Frauenfeld, Switzerland, it is one of the world’s only philanthropic foundations dedicated entirely to supporting and promoting breastfeeding and breastmilk.

Backed by sound science, its objective is to drive changes in practice that will increase rates of breastfeeding and improve the health of mothers and children worldwide. It furthers this objective by contributing to the long-term discovery, dissemination and deployment of evidence-based knowledge. Together with a global network of leading experts, it is creating publicly available, sustainable resources and educational tools that help healthcare providers, governments, communities and families overcome obstacles and achieve their breastfeeding goals.

[www.larsson-rosenquist.org/en/](http://www.larsson-rosenquist.org/en/)



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